

**Club**

**Instructor**

**Date**

	Name	Age	Grade	Events					SubTotal
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
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22									
23									
24									
25									
									<b>Total</b>

**Single Event - €7, Two Events – €14, Three Events - €18, Team Entries - €10**

All USKF Events are controlled by qualified officials who expect a high standard of behaviour, including the proper control of techniques. However, injuries can occur in Kumite events and the organisers cannot accept responsibility for any such injuries. Doctors and First Aid Personnel are always in attendance. It is the responsibility of the club instructor to make the risk of injury clear to parents or guardians, and also to ensure that all of their competitors hold a current licence.

**ALL ENTRIES MUST BE RECEIVED BY Monday 14th October 2007.**

Send all Entries to Gino Coates, Gregharue, Kells Road, Bailieborough, Co. Cavan, Ireland. Cheques must be made payable to United Shotokan Karate Federation

<b>Event</b>	<b>Code</b>
Kata Under 16yrs White-Orange Belt	<b>KA-1</b>
Kata Under 16yrs Red-Purple Belt	<b>KA-2</b>
Kata Under 16yrs Brown- Black Belt	<b>KA-3</b>
Kata Senior Over 16yrs White-Purple Belt	<b>KA-4</b>
Kata Senior Over 16yrs Brown-Black Belt	<b>KA-5</b>
Sambon–Ippon Kumite 6-8yrs Mixed	<b>KU-1</b>
Sambon–Ippon Kumite 9-11yrs Mixed Boy’s	<b>KU-2</b>
Kumite 12 –15yrs under 5’ all grades Boy’s	<b>KU-3</b>
Kumite 12 – 15yrs over 5’ under 5’5’’ all grades Boy’s	<b>KU-4</b>
Kumite 12 – 15yrs over 5’5’’ all grades	<b>KU-5</b>
Male Kumite 16 – 17yrs all grades	<b>KU-6</b>
Girl’s Kumite 12 – 15yrs under 5’ all grades	<b>KU-7</b>
Girl’s Kumite 12 – 15yrs over 5’ under 5’5’’ all grades	<b>KU-8</b>
Girl’s Kumite 12 – 15yrs over 5’5’’ all grades	<b>KU-9</b>
Female Kumite 16 – 17yrs all grades	<b>KU-10</b>
Senior male 16yrs & over white purple belt	<b>KU-11</b>
Senior male 16yrs & over Brown- Black belt	<b>KU-12</b>
Senior female 16yrs & over whitepurple belt	<b>KU-13</b>
Senior female 16yrs & over Brown-Black belt	<b>KU-14</b>
Team Kata	<b>TKA-1</b>
Senior Team Kumite	<b>TKU-1</b>

**PLEASE NOTE: -**

1. Eliminations will start at 9:30AM, please arrive at the venue at least 30 minutes before the start of the competition.
2. Any category who’s entry has less than 4 competitors on the day, will be cancelled. any category who’s entries are 5 or less will be informed that the category maybe cancelled on the day or if possible combined with another category. Keeping people informed can only happen provided entries arrive on time.
3. Only club instructors and officials will be allowed on to the competition floor.
4. In all individual Kata events the referee will select any Kata from heian 1 - 5.
5. For the finals, competitors must choose a different Kata than the elimination rounds.
6. In the children’s Ippon Kumite the contestants will attack with one jodan Oi-tsuki, Chudan Oi-Tsuki, Mae Geri and Yoke Geri.

Note: - No throwing techniques are allowed.

**CONDITIONS OF ENTRY**

- \* **ALL COMPETITORS WILL BE REQUIRED TO HAVE A USKF LICENCE THAT IS CURRENT ON THE DAY.**
- \* MEDICAL SUPPORTS MAY ONLY BE WORN WITH THE CHAMPIONSHIP DOCTORS CONSENT.
- \* GROIN GUARDS ARE RECOMMENDED FOR ALL KUMITE EVENTS AND BREAST PROTECTORS FOR FEMALE EVENTS.
- \* THE WEARING OF GUM SHIELDS AND PROTECTIVE MITS ARE COMPULSORY FOR ALL KUMITE EVENTS.
- \* ONLY PROPERLY REGISTERED MEMBERS OF YOUR CLUB MAY REPRESENT YOUR CLUB.