USKF
連合松濤館空手連盟

USKF National Championships

Competitors Entry Forms

FULL NAME & GRADE PLEASE PRINT CLEARLY IN BLOCK CAPITALS (Tick *categories* required Details on the information sheet)	**Kata** **Under 16yrs orange belt-Red belt (Mixed)**	**Kata** **Under 16yrs Yellow-Purple belt (Mixed)**	**Kata** **Under 16yrs Brown-Black belt (Mixed)**	**Kata** **Senior 16yrs and over White-Purple (Mixed)**	**Kata** **Mens Senior Kata 16yrs and over Brown-Black**	**Kata** **Ladies Senior Kata 16yrs and over Brown-Black**	**Basic Kihon Event White belts only** **Under 11yrs White belts only**	**Basic Kihon Event White belts only** **Under 16yrs White belts only**	**Sambon Kumite** **6-8yrs Mixed** **Orange – Purple belt (Mixed)**	**Sambon Kumite** **9-11yrs Mixed** **Orange – Yellow belt (Mixed)**	**Ippon Kumite (1 step with 4 attacks from the right side only)** **Under 11yrs Green belt and above (Mixed)**	**Boy's Kumite** **12 – 15yrs under 5' all grades**	**Boy's Kumite** **12 – 15yrs over 5' under 5'5'' all grades**	**Boy's Kumite** **12 – 15yrs over 5'5'' all grades**	**Male Kumite (Cadet)** **16 – 17yrs all grades**	**Girl's Kumite** **12 – 15yrs under 5' all grades**	**Girl's Kumite** **12 – 15yrs over 5' under 5'5'' all grades**	**Girl's Kumite** **12 – 15yrs over 5'5'' all grades**	**Female Kumite (Cadet)** **16 – 17yrs all grades**	**Senior male Kumite** **16yrs & over Brown-Black belt**	**Senior female Kumite** **16yrs & over Brown-Black belt**	**Team Kata**	**Team Kumite** **16yrs and over**

Individual Entries (single event) ___x € = ____ Team Entries ___x€ = _____Total Amount Enclosed €_____

All participating squads must have insurance cover, and present a certificate of insurance before competing. All competitors must wear gum shields and hand-mits if participating in Kumite.

NAME OF CLUB_____Signature of Club Instructor/Secretary_____ Date_____